**LENAPE VALLEY GIRLS SOFTBALL RETURN TO PLAY GUIDELINES – June 2020**

**All coaches and parents must adhere to six-foot physical distancing at all times**

**PRIOR TO ARRIVING AT PRACTICE**

* Prior to arrival all coaches and players must conduct daily self-symptom assessment and temperature check.
* Anyone with a fever of 100.4 degrees F or higher must stay home
* Anyone experiencing COVID/FLU like symptoms must stay home. Symptoms would include fever, cough, shortness of breath, headache, runny nose, muscle aches, loss of taste or smell, and diarrhea/abdominal pain
* Players and coaches must bring individual water bottles or beverages, **NO TEAM WATER COOLERS**
* Players are strongly recommended to travel to the venue with a member of their immediate household, carpooling is discouraged
* Coach is responsible to properly sanitizing balls before practice using one of the CDC Approved Disinfectants listed below for use against SARS-CoV-2, the virus that causes COVID-19
  + Fantastik All Purpose Cleaner; Arm & Hammer Essentials Disinfecting Wipes; Windex Disinfectant Cleaner; Lysol Bathroom Cleaner; Spray Nine; Lysol Disinfecting Wipes; Lysol Bleach Mold & Mildew Remover; Clorox Multi-Surface Cleaner & Bleach; Clorox Disinfecting Wipes; Lysol Disinfectant Spray, Purell Surface Disinfectant Wipes https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2

**DURING PRACTICE**

* Players must adhere to physical six-foot distancing except when the ball is in play.
* Players and coaches must bring individual water bottles or beverages, **NO TEAM WATER COOLERS**
* **NO PERSONAL EQUIPMENT SHOULD BE SHARED**
* Players must keep all their equipment, when not in use, stored in their own equipment bag – Equipment thrown about in the dugout/field will not be tolerated
* All practices should be limited to 20 players or less
* Coaches should wear face coverings at all times
* Parents/spectators may drop their child at practice and leave the premises or wait in their cars. There should be no parents/ spectators on the fields during practice
* For each practice session, it is recommended that coaches divide players into small groups/stations and establish rotating shifts when possible
* No touch rule – players should refrain from high fives, handshake lines, and other physical contact with fellow teammates and coaches
* Frequent hand washing/hand sanitizing are strongly recommended for players and coaches during practice
* No spitting, eating seeds, chewing gum and eating any food is allowed during practice or on the field
* Coaches must ensure that players are following COVID-19 -related prevention measures including but not limited to adhering to social distancing in dugouts

**LEAVING PRACTICE**

* Individuals should not congregate in common areas or parking lot following the practice
* Individuals should not exchange items, equipment or share food/drink at any time
* Team meetings should occur in a socially distant manner or virtually
* Players are strongly recommended to travel to the venue with a member(s) of their immediate household. Carpooling strongly discouraged

**CONFIRMED CASES**

* Individuals that develop symptoms should immediately isolate and seek medical care.
* Following presumed positive, direct contact or confirmed case, contact should be made to the coach via email.

***Overall safety of our players, parents and coaches as well as following the guidelines set forth by County of Bucks Health Dept. and Lenape Valley Girls Softball is paramount and above anything else we do!***

***Failure to abide by these guidelines by any player, parent or coach could result in immediate dismissal from the team***